

SALUTE TO VETERANS LUNCHEON

Join us to honor and celebrate our Veterans!

TUESDAY, NOVEMBER 5

11:30AM-1:30PM

La Fetra Center, 333 E Foothill Blvd

\$10 per ticket. Veterans are free.

Purchase tickets August 19-October 22

Online: CityofGlendora.org/register

In-person: La Fetra Center

Call (626) 914-0560 for more information.

RECREATION & HUMAN SERVICES DEPARTMENT PRESENTS

LA FETRA TIMES

OCTOBER 2024



This issue contains:

- ◆ VETERANS LUNCHEON
- ◆ CRAFT BOUTIQUE
- ◆ PRESENTATIONS
- ◆ HALLOWEEN COSTUME CONTEST
- ◆ AARP TAX VOLUNTEER OPPORTUNITY
- ◆ OCTOBER MOVIES

PRINTING COURTESY OF PARTNERS OF LA FETRA



LA FETRA CENTER

333 E. Foothill Blvd., Glendora, CA 91741
 (626) 914-0560 / CityofGlendora.org
 Monday-Friday: 8:00am-4:30pm

Mission: The City of Glendora Recreation and Human Services Department, through the efforts of the Human Services Division at the La Fetra Center, strives to maximize the quality of life for older adults by providing programs that: promote dignity and self-esteem; foster independence; facilitate social interaction; and dispel negative stereotypes about aging.

A.A.R.P.	(800) 424-3410	Glendora Public Library	(626) 852-4891
Adult Protective Services	(888) 202-4248	Glendora Welfare Association	(626) 857-1181
Animal Control – Inland Valley Humane Society	(909) 623-9777	Graffiti Hotline	(626) 963-8540
Center for Health Care Rights	(800) 824-0780	Homelessness - General Questions	(626) 852-5200
City Hall – Glendora	(626) 914-8200	In-Home Supportive Services	(909) 802-2474
Emergency & Traffic Alerts	Text 'Glendora' at 67283	Meals on Wheels	(626) 960-2995
Elder Abuse Hotline	(877) 477-3646	Medicare	(800) 633-4227
Foothill Presbyterian Hospital	(626) 963-8411	Metro Access Services	(800) 827-0829
Get About Transportation	(909) 596-5964	Ombudsman (Long Term Care)	(323) 721-1343
Glendora Historical Society	(626) 963-0419	Post Office – Glendora	(626) 857-9127
Glendora Mini-Bus	(626) 914-8233	Social Security	(800) 772-1213
		Glendora Office	(866) 964-6045

STAFF CONTACTS

Debbie Lopez, HS Manager — dlopez@cityofglendora.org
 Erik Deurmeier, HS & Outreach Coordinator (Homeless) — edeurmeier@cityofglendora.org
 Rachel Orosz, HS Supervisor (Activities & Trips) — rorosz@cityofglendora.org
 Emily Bufanda, Office Assistant (Rentals & Maintenance) — ebufanda@cityofglendora.org
 Carol Stellato, Recreation Specialist (Volunteers & Referrals) — cstellato@cityofglendora.org

PARTNERS OF LA FETRA

Partners of La Fetra is a charitable, non-profit organization established to support the Glendora La Fetra Center in an effort to enhance the quality of life of the adult population of the City of Glendora. Donations are tax deductible as provided by law. Membership is open to any person: dues are \$10 per year, per person. The *La Fetra Times* is available for mailing for \$12 per year, or can be combined with the Partners Membership for \$20 per year. Cash (must be exact amount) or Check (must be made out to *Partners of La Fetra*) is accepted. Membership Applications can be picked up from the center during regular business hours. If you have questions related to Partners of La Fetra, please visit the center on Fridays and a board member can assist you.

CROSSWORD SOLUTION

1	O	2	V	3	A	4	L	5	P	6	A	7	R	8	S	9	P	10	O	11	T	
12	D	I	R	E				13	A	L	I			14	C	A	R	E				
15	D	E	M	O				16	C	R	A	T			17	U	R	G	E			
								18	L	A	S	E			19	R	B	E	A	M		
20	C	21	E	22	A	23	S	E	S					24	E	A	R	N	S			
25	U	N	D	E	F	I	N	E	D													
28	T	E	S	T				29	T	O	T				30	A	H	31	O	32	33	Y
								34	D	E	T	E			35	R	M	I	N	E		
36	P	37	L	38	A	39	T	O						40	R	A	I	S	E	S		
41	R	E	S	I	S	T	A	N	T													
44	E	A	S	E				45	I	R	I	S		46	H	47	M	48	A	49	N	
50	E	V	E	R				51	L	I	T			52	S	O	L	O				
53	N	E	T	S				54	L	A	Y			55	T	O	L	D				



7	4	1	6			4	7	7	9		3	8	2	2		
8	0	9	2			4	1	1	3	7		2	3	8	5	
3	6	0	1			0	5	2	2	6		4	0	9	5	
3	0	3	2	0	4	3				6	0	0	8	6	6	
						0	5	1	8	9	9	3				
		3	1	8	3	0			0	9	5	4	2	1	7	9
6	5	3	6	7		6	0	7	6		2	7	0	6		
9	6	4	3	8	1	1		7	6	2	7	2	8	1		
0	7	2	3			7	0	4	1		9	1	1	7	6	
6	8	3	2	6	8	2	5			6	8	1	5	3		
						5	0	5	4	5	8	1				
5	6	8	2	0	0				2	3	2	1	2	2	8	
8	8	9	1			1	7	2	3	0		3	0	0	1	
7	9	5	8			8	8	9	8	9		6	8	4	1	
3	7	0	8			6	5	6	2			8	3	6	5	

NUMBER FILL - IN SOLUTION

**AUTUMN
WORD SEARCH SOLUTION**



SUDOKU #1 SOLUTION

8	3	6	9	7	1	2	4	5
9	1	2	5	3	4	6	8	7
4	5	7	8	6	2	3	9	1
3	2	8	1	9	5	4	7	6
1	9	4	6	8	7	5	3	2
6	7	5	2	4	3	8	1	9
2	6	9	3	1	8	7	5	4
5	4	3	7	2	9	1	6	8
7	8	1	4	5	6	9	2	3

SUDOKU #2 SOLUTION

9	2	5	1	3	6	4	7	8
3	1	8	2	4	7	9	5	6
4	6	7	5	8	9	1	2	3
5	7	9	3	1	4	6	8	2
1	3	2	8	6	5	7	4	9
8	4	6	9	7	2	3	1	5
2	5	4	6	9	1	8	3	7
6	8	1	7	2	3	5	9	4
7	9	3	4	5	8	2	6	1

THE LA FETRA CENTER'S

ANNUAL CRAFT BOUTIQUE

SATURDAY • NOVEMBER 2
9:00AM-2:00PM
333 E FOOTHILL BLVD • GLENDORA

HANDCRAFTED

- JEWELRY
- ORNAMENTS
- HOME DECOR
- ART
- BAKED GOODS

FOR MORE INFORMATION
CALL (626) 914-0560

INTERESTED IN BEING A VENDOR? CALL (626) 914-8235 FOR MORE INFO

October Presentations

ALL FREE! Call (626) 914-0560 to register!

Tax Efficacy in Retirement
Presented by Farmers Insurance
Thursday, October 10 at 10:00am-11:00am

Join Farmers Insurance for a workshop on how to maximize tax efficient tools in order to pay the correct amount of taxes in retirement.

2025 Extended Trips
Presented by Premier World Discovery
Tuesday, October 15 at 10:00am-11:00am

Join a representative from Premier World Discovery and take a deep dive in to the 2025 extended tour offerings.

Medicare 101
Presented by TMB Insurance
Thursday, October 17 at 10:30am-11:30am

Join TMB Insurance for an informational presentation on all things Medicare as we approach open enrollment.

Medicare Guidance
Presented by Beacon Placement and Care
Wednesday, October 23 at 12:30pm-1:30pm

New to Medicare and unsure how to navigate it? This presentation from Beacon Placement and Care will give you the tools and information you need to make your own choices about your care.

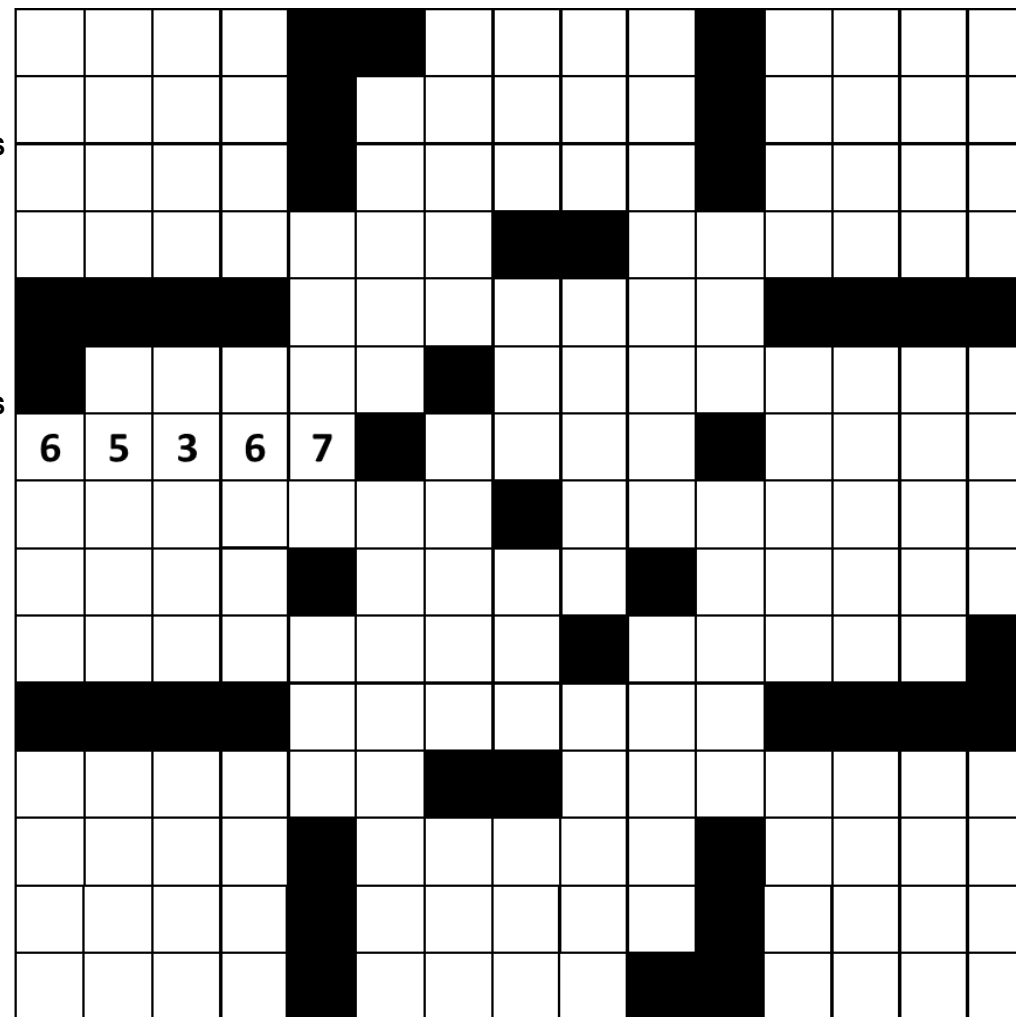
NEW: Event Highlight!

La Fetra Costume Contest
Presented by La Fetra Staff
Thursday, October 31 at 12:30pm-1:30pm
FREE - No registration required!

Join us in the upstairs lobby for a festive afternoon of fun, refreshments, and prizes! To enter the costume contest, participants must be 18 years or older and costumes must follow our code of conduct. Costume categories includes: Finest-Dressed, Most Unique, and Best Group (2 to 4 people per group)!

NUMBER FILL-IN PUZZLE

The first number in the grid has been provided to give you a head start. Fill in the numbers from the list where they will fit and check off the numbers as you go.



3 DIGITS

- 034
- 296
- 454
- 650
- 712
- 732
- 785
- 800

4 DIGITS

- 0723
- 1368
- 1903
- 2046
- 2083
- 2188
- 2385
- 2556
- 2706
- 2896
- 3001
- 3240
- 3601
- 3708
- 3822
- 4060
- 4095
- 4779
- 5873
- 6076
- 6212
- 6562
- 6841
- 6897
- 6906
- 7041
- 7416
- 7833
- 7958
- 8092
- 8115
- 8308
- 8365

- | | | | | |
|-------|-------|------------------|-----------------|-----------------|
| 8891 | 17230 | 61025 | 6 DIGITS | 5054581 |
| 8950 | 22711 | 65367 | 568200 | 7627281 |
| 9616 | 29812 | 68153 | 600866 | 9643811 |
| | 31830 | 68309 | | |
| | 35678 | 70873 | 7 DIGITS | 8 DIGITS |
| 00378 | 40450 | 86332 | 0518993 | 09542179 |
| 05226 | 41137 | 88989 | 2321228 | 17800186 |
| 13423 | 41531 | 91176 | 3032043 | 68326825 |
| 17215 | 52382 | 99771 | | 97669566 |

Solution is provided in the back.

AUTUMN WORD SEARCH

R	C	U	E	B	C	A	O	E	H	S	O	H	T	E	O	L	S
L	N	S	P	R	E	A	S	S	E	R	T	E	B	A	H	T	C
R	E	R	Z	W	S	R	H	I	C	R	O	A	O	A	O	R	W
N	E	C	N	O	N	E	M	N	S	U	S	P	N	E	V	R	H
E	I	B	I	N	A	B	B	D	P	W	I	P	F	A	I	G	N
T	O	S	O	P	U	M	P	K	I	N	D	L	I	U	A	I	H
N	U	G	V	T	S	E	P	T	E	M	B	E	R	N	A	E	P
S	O	N	R	O	C	V	L	C	R	W	D	S	E	V	A	E	L
C	C	I	T	N	A	O	O	E	A	I	O	C	W	V	O	I	R
I	N	V	C	S	R	N	D	A	R	C	C	L	O	E	N	S	O
A	T	I	E	R	E	I	A	Y	N	H	O	E	L	Z	S	Y	T
R	P	G	O	R	C	H	A	R	D	S	S	R	F	E	Y	L	O
P	N	S	A	R	R	H	C	E	O	T	E	A	N	A	Y	S	P
R	W	K	Y	C	O	H	N	I	R	T	G	A	U	P	K	C	B
S	W	N	E	E	W	O	L	L	A	H	N	O	S	Q	N	H	G
S	H	A	R	V	E	S	T	E	K	C	A	J	T	O	S	P	U
R	A	H	K	K	W	Y	W	E	M	N	R	N	U	S	N	E	R
E	B	T	M	I	L	S	A	G	I	C	O	N	I	N	T	M	R

ACORN
APPLE
BONFIRE
CHESTNUT
CIDER
CORN
COZY
HALLOWEEN
HARVEST

HAYRIDE
JACKET
LEAVES
OCTOBER
ORANGE
ORCHARDS
PINECONE
PUMPKIN
SCARECROW

SEASON
SEPTEMBER
SPICE
SQUASH
SUNFLOWER
SWEATER
NOVEMBER
THANKSGIVING
YELLOW

Solution is provided in the back.

Presented by Partners of La Fetra Bingo

Every Friday

Doors open at 12:00pm on SAGE A and at 12:45om on SAGE B.

Bingo sales are from 12:30pm to 1:15pm.

Games start at 1:30pm.

Cost is \$7.00 for the first game and \$3.00 for each additional pack. Bring your own drinks and individually wrapped snacks.

Book Discussion Group

First Thursday of every month

10:00am to 11:00am

FREE - No registration required!

Join friends who share the love of reading. This casual group meets to discuss a wide genre of novels and each group member will have the opportunity to select books to read then discuss.

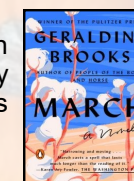
October 3 Discussion:

Remarkably Bright
Creatures
By
Shelby Van Pelt



November 7 Selection:

March
By
Geraldine Brooks



Glendora Genealogical Group

Fourth Tuesday of every month - October 22, 2024

6:00pm to 9:00pm

FREE - No registration required!

If you are interested in family history, we invite you to attend the Glendora Genealogical Group. The October meeting will be a hybrid in person/Zoom meeting. The speakers will be Melissa Barker and Anne Sonner. Presentation topics are *Breathing New Life into Boring Ancestors* at 6:00pm and *Solving a Family Mystery* at 7:00pm. For more information, please contact Pat Chavarria at lorman1237@gmail.com.

Tax Volunteers Needed

AARP is seeking volunteers to prepare tax returns at the La Fetra Center. You should have an interest in doing taxes, have basic computer skills, and be interested in helping others.

Training begins in December. Tax preparation begins in February and ends April. AARP provides the computers and supplies.



Why Join Us?

- Participate in Impactful Causes
- Community Engagement
- Skill Development



If you are interested,
contact Steve Mancini at
(909) 624-1186

CROSSWORD PUZZLE

1	2	3	4		5	6	7		8	9	10	11
12					13				14			
15					16				17			
					18				19			
20	21	22	23					24				
25						26	27					
28					29				30	31	32	33
					34				35			
36	37	38	39				40					
41					42	43						
44					45				46	47	48	49
50					51				52			
53					54				55			

Across:

- | | |
|--------------------------------|-----------------------------------|
| 1. Track shape | 30. Sailor's cry |
| 5. Golf goal | 34. Conclude |
| 8. Dog's name | 36. Greek philosopher |
| 12. Urgent | 40. Salary boosts |
| 13. Boxer Muhammad ___ | 41. Water ___ (like some watches) |
| 14. Show concern | 44. Relaxation |
| 15. Republican's opponent | 45. Oscar Wilde, e.g. |
| 17. Impulse | 50. Always |
| 18. Thin ray of light (2 wds.) | 51. Kindled |
| 20. Halts | 52. Go it alone |
| 24. Merits | 53. Brooklyn team |
| 25. Vague | 54. Place |
| 28. Exam | 55. Related |
| 29. Little kid | |

Down:

- | | |
|---------------------------|------------------------|
| 1. "The ___ Couple" | 27. Forever |
| 2. Strive | 30. French friend |
| 3. Sleeve | 31. That man's |
| 4. Zodiac lion | 32. Wallet bill |
| 5. Tick, e.g. | 33. Absolutely! |
| 6. Lamenting cry | 34. Two (Sp.) |
| 7. Ceremonial act | 35. Squealers |
| 8. Diving gear | 36. Groom |
| 9. Kitchen gadget | 37. Depart |
| 10. Kidney, e.g. | 38. Plus |
| 11. Swarms | 39. Seat rows |
| 16. Musical sign | 42. Cash drawer |
| 19. Beet's color | 43. Pavarotti solo |
| 20. Slice | 46. DDE's predecessor |
| 21. Compass point (abbr.) | 47. Cow's cry |
| 22. Paid notices | 48. "___ Night Long" |
| 23. Harden | 49. Indicate agreement |
| 26. Forget-me-___ | |

Solution is provided in the back.

EVERY MONDAY & THURSDAY AT 1:00PM - ALWAYS FREE

SUDOKU

Sudoku is played on a grid of 9 x 9 spaces. Within the rows and columns are 9 "squares." Each row, column and square (9 spaces each) needs to be filled out with the numbers 1-9, without repeating any numbers within the row, column or square. Each Sudoku grid comes with a few spaces already filled in.

SUDOKU #1

	5	8		7	4	6		
	3				6			
		9	2		8			7
		1				7		2
	7		1		5		9	
8		3				5		
7			9		3	4		
			4				1	
		4	8	6		9	7	

*GOOD LUCK
AND
HAVE FUN!!*

SUDOKU #2

					9	1	6	
2		4				3	8	
		1	2		6			4
				2	5			6
9			3		7			8
1			9	8				
4			6		2	8		
	2	8				4		7
	3	5	4					




Solution is provided in the back.

LA FETRA MOVIES



Movie info can be found on cityofglendora.org or located at our reception desk.

- OCTOBER 3 - **UNTRACEABLE** (2008) - CRIME / MYSTERY / THRILLER
- OCTOBER 7 - **WANTED** (2008) - ACTION / CRIME / THRILLER
- OCTOBER 10 - **TODAY YOU DIE** (2005) - ACTION / CRIME / THRILLER
- OCTOBER 14 - **FROZEN** (2010) - SURVIVAL / ADVENTURE
- OCTOBER 17 - **MADEA'S WITNESS PROTECTION** (2012) - COMEDY / DRAMA
- OCTOBER 21 - **PRIATES OF THE CARIBBEAN: AT WORLD'S END** (2007) - ACTION
- OCTOBER 24 - **ICE AGE: DAWN OF THE DINOSAURS** (2009) - ADVENTURE / COMEDY
- OCTOBER 28 - **DISTRICT 9** (2009) - ACTION / SCI-FI / THRILLER
- OCTOBER 31 - **SCREAM** (1996) - SLASHER HORROR / MYSTERY

Monday	Tuesday	Wednesday	Thursday	Friday
8:45 am Sing for Joy 10:00 am YWCA Case Management 10:00 am Journey Through Grief Group 11:30 am Nutrition 12:30 pm Canasta 12:30 pm M-W-F Gamers 1:00pm Monday Movies 1:00 pm Ping Pong <i>(Sign Up Required)</i>	8:00 am Int./Adv. Pool Players 8:15 am Flexibility Training for Older Adults <i>(FREE - Sign Up Required)</i> <i>(Session ends 10/18)</i> 8:45 am Bridge Tournament 9:00 am Sharing Memories 9:00 am Tai Chi Chuan <i>(Sign Up Required)</i> <i>(Session 1 ends 10/8)</i> 9:00 am Cardio & Strength Training <i>(FREE - Sign Up Required)</i> <i>(Session begins 10/22)</i> 11:00 am Computer Adventure <i>(Sign Up Required)</i> <i>(Session ends 10/29)</i> 11:30 am Nutrition 12:30 pm Beading Buddies 12:30 pm Pinochle 4:00 pm Balance & Mobility <i>(Sign Up Required)</i> <i>(Session 1 ends 10/10)</i> 6:00 pm Country Line Dancing—Beginner <i>(Sign Up Required)</i> <i>(Session 1 ends 10/29)</i> 7:15 pm Country Line Dancing—Intermediate <i>(Sign Up Required)</i> <i>(Session ends 10/29)</i>	9:00 am Glendora After Stroke Center 9:00 am Patch, Pin, & Purl 9:00 am Intermediate Bridge Class 9:00 am Cardio & Strength Training <i>(FREE - Sign Up Required)</i> <i>(Session begins 10/22)</i> 10:30 am Nuts About Needlepoint <i>(2nd/4th week)</i> 11:30 am Nutrition 12:30 pm M-W-F Gamers 1:00 pm Bunco (1 st /3 rd /5 th week) 1:30 pm International Community Club	8:15 am Flexibility Training for Older Adults <i>(Sign Up Required)</i> <i>(Session ends 10/18)</i> 8:30 am Party Bridge 8:30 am Quilting Therapy (2 nd /4 th week) 9:00 am Cardio & Strength Training <i>(FREE - Sign Up Required)</i> <i>(Session begins 10/22)</i> 11:30 am Nutrition 12:30 pm Canasta 1:00 pm Current Events Discussion Group 1:00 pm Ping Pong <i>(Sign Up Required)</i> 1:00pm Thursday Movies 4:00 pm Balance & Mobility <i>(Sign Up Required)</i> <i>(Session 1 ends 10/10)</i>	8:00 am Int./Adv. Pool Players 8:15 am Flexibility Training for Older Adults <i>(Sign Up Required)</i> <i>(Session ends 10/18)</i> 8:45 am Bridge Tournament 9:00 am Cardio & Strength Training <i>(FREE - Sign Up Required)</i> <i>(Session begins 10/22)</i> 11:30 am Nutrition 12:30 pm M-W-F Gamers 12:30 pm Pinochle 1:30 pm Bingo
 October				
*DAY TRIPS DEPART FROM THE CITY PARKING LOT AT CULLEN AND MOUNTAIN VIEW ACROSS FROM FINKBINER PARK. YOU MUST PRE-REGISTER FOR EACH TRIP. FULL DAY TRIP INFORMATION CAN BE FOUND IN THE RECREATION & HUMAN SERVICES ACTIVITY GUIDE.				

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	9:30 am Glendora Neighborhood Group of the American Sewing Guild	1:00 pm Bunco	10:00 am Book Discussion Group		
10:00 am Legal Clinic for Seniors <i>(FREE - Sign Up Required)</i>		10:30 am Nuts About Needlepoint 1:30 pm EYE-DAS	8:30 am Quilting Therapy 10:00 am PRESENTATION: Tax Efficacy in Retirement <i>(FREE - Sign Up Required)</i>		
CENTER IS OPEN (NO LUNCH)	10:00 am PRESENTATION: Premier Presentation <i>(FREE - Sign Up Required)</i>	1:00 pm Bunco	10:30 am PRESENTATION: TMB Medicare <i>(FREE - Sign Up Required)</i>	8:00 am Pool Tournament	11:00am Event: Pumpkin Festival (Shuttles available at City Hall) 
	6:00 pm Glendora Genealogical Group	10:30 am Nuts About Needlepoint 11:00 am Free Notary Service 12:30 pm PRESENTATION: Medicare Guidance <i>(FREE - Sign Up Required)</i>	8:30 am Quilting Therapy 10:00 am Event: Vaccine Clinic—LA County DPH		5:00pm Event: Halloween Carnival at Finkbiner Park 
1:00 pm LA Regional Food Bank		1:00 pm Bunco	12:30 pm Event: La Fetra Costume Contest <i>(FREE)</i>		