#GKUUPS

All groups & clubs meet at the La Fetra Center, 333 E. Foothill Blvd., unless otherwise noted. For more information, call (626) 914-0560.

EYE-DAS

EYE-DAS, the club for the visually impaired, conducts monthly meetings at the La Fetra Center. All are welcome to attend meetings which provide information, guest speakers, entertainment, and support for the visually impaired at all levels. For more information, call (626) 335-3937.

Age Day Date Time

Ongoing 18+ 2nd Wed 1:30pm-3:30pm

JOURNEY THROUGH GRIEF

We offer a safe environment where everyone can share their experience, learn about the grief process, and gain strength for the journey. We are happy, loving people who just so happen to be mourning. Ongoing group. Join anytime! Visit the website https:// lafetragrief.weebly.com/ to learn more.

Date Age Day **Time**

Ongoing 18+ Mon 10:00am-11:30am

Do you enjoy playing Ping Pong? Why not join friends or meet new ones! This casual group of adults meets to play together and improve their game. Ongoing group. Join anytime! Adults only please. The National Table Tennis Association guidelines are followed. Basic knowledge of table tennis is required.

Fee: \$12 Insurance Fee (Yearly Fee)

Date Age Day Fee Ongoing 18+ M&TH 1:00pm-3:00pm \$12

M-W-F GAMERS

Come over for a friendly tile, board, or card game. Some of the games look deceptively simple, but they can involve strategy that makes the time pass faster than you expect!

Date Age Day Time

12:30pm-3:30pm Ongoing 18+ M,W&F

OPEN POOL PLAY

Join us as we enjoy playing pool. All skill levels welcome. The upstairs pool room will be RESERVED on TUESDAYS and FRIDAYS from 8:00am-12:00pm for Intermediate/Advanced pool players.

Date Age Day Time

8:00am-5:00pm Ongoing 18+ M-F



PARTY BRIDGE

Play bridge to keep your mind active. Ongoing group. Join anytime!

Date Age Day Time

Thu 8:30am-12:00pm Ongoing 18+

ACBL SANCTIONED BRIDGE TOURNAMENTS

Players join together for friendly ACBL sanctioned tournaments.

Date Age Day Time

Ongoing 18+ T&F 8:45am-12:30pm

BEADING BUDDIES

This ongoing group meets to share ideas, aid each other in learning new projects and techniques, and just work together on individual projects. New participants and those who may want to learn are welcome!

Date Time Age Day

Ongoing 18+ Tue 12:30pm-3:30pm

POOL TOURNAMENT

Come and meet new friends at a friendly pool competition for men and women of all skill levels.

Date Age Day Time Fee Ongoing 18+ 3rd Fri 8:00am-12:00pm \$2

New participants and those who may want to learn are welcome. Ongoing group. Join anytime!

Date Age Day Time

Ongoing 18+ T&F 12:30pm-4:00pm

BUNCO

All are welcome to play a fun game of Bunco!

Time **Date** Age Day

18+ 1st/3rd/5th Wed 1:00pm-3:30pm Ongoing











PATCH, PIN & PURL

Needle workers join together to work on individual projects in a social setting. Ongoing group—no sign-ups are required.

Date Ongoing

Age Day 18+ Wed

Time

9:00am-12:00pm

CANASTA

Join fellow card players for a fun game of Canasta! Ongoing group. Join any time!

Date Ongoing

Age Day 18+ M&TH Time

12:30pm-4:30pm

GLENDORA NEIGHBORHOOD GROUP OF THE AMERICAN SEWING GUILD

If you love to sew and wonder how you can use your skills to help others, join this group! Come together for a show and tell, and gather sewing projects to donate to those in need. Any level of sewing experience is welcome. A fun morning of fellowship that benefits others!

Date Age Day

Time

Ongoing 18+ 1st Tue

9:30am-11:00am

BOOK DISCUSSION GROUP

Join friends who share the love of reading. This casual group will meet to discuss a wide genre of novels, from thought provoking to suspense and humor. All group members will have the opportunity to select books to read and discuss. No sign-ups are required. For book selection please reference the La Fetra Times.

Date Ongoing Age Day

18+ 1st Thu

Time

10:00am-11:00am

CURRENT EVENTS DISCUSSION GROUP

Current Events is a group discussion about local, county, state, federal, and international events that are current, relative, and of interest to our community. Ongoing group and always accepting new participants!

Date Age Day Time

Ongoing 18+ Thu 1:00pm-3:00pm

BINGO

Doors open at 12:30pm. Cost is \$5 for the first game and \$3 for each additional pack. Special games and the exciting Powerball Jackpot are available for \$1 each.

DateAgeDayTimeFeeOngoing18+Fri1:30pm-3:30pm\$5*

INTERNATIONAL COMMUNITY CLUB

We live in a world that is getting closer through advanced technology and dynamic movement. It is essential to be aware of the changes so that we can be better prepared for the future. The International Community Club's mission is to enhance our world view and broaden the horizon of perception by sharing member's knowledge, opinions, and experiences.

Date Age Day Time

Ongoing 18+ Wed 1:30pm-3:30pm

GLENDORA AFTER STROKE CENTER

A non-fee program for stroke survivors and their families. This supportive program offers relearning (reading, writing, and speech), caregiver support, current events, card games, snacks, resocialization, exercise, music, speakers, day field trips, and stroke support.

Date Age Day Time

Ongoing 18+ Wed 9:00am-12:00pm

NUTS ABOUT NEEDLEPOINT

Needlepointers meet twice a month to work on individual projects, socialize, and have fun!

Date Age Day Time

Ongoing 18+ 2nd /4th Wed 10:00am-11:30am

GLENDORA GENEALOGICAL GROUP

This group is about the search for history and stories about our family ancestors and descendants. Refresher class at 6:00pm, business meeting at 7:00pm, and guest speaker at 7:30pm.

Date Age Day Time

Ongoing 18+ 4th Tue 6:00pm-9:00pm

SHARING MEMORIES

This group shares memories, either written or oral, about its members' life experiences. Various topics will be suggested to share. Tell your story in your words.

Date Age Day Time

Ongoing 18+ Tue 9:30am-11:00am

OUILTING THERAPY

This group meets to quilt, crochet, knit, laugh, and have fun!

Date Age Day Time

Ongoing 18+ 2nd /4th Thu 8:30am-12:00pm

MENDED HEARTS OF THE SAN GABRIEL VALLEY

Mended Hearts is the largest peer-to-peer cardiovascular support network in the world. Meetings provide patients and caregivers the opportunity to share and learn together.

DateAgeDayTimeOngoing18+2nd Tue1:00pm-3:00pm