



# GROUPS & CLUBS

All groups & clubs meet at the La Fetra Center, 333 E. Foothill Blvd., unless otherwise noted. For more information, call (626) 914-0560.

## NUTS ABOUT NEEDLEPOINT

Needlepointers meet to work on individual projects and socialize. Ongoing group. Join any time!

Date	Age	Day	Time
Ongoing	18+	2nd & 4th Wed	10:30am-3:00pm

## EYE-DAS

EYE-DAS, the club for the visually impaired, conducts monthly meetings at the La Fetra Center. All are welcome to attend meetings which provide information, guest speakers, entertainment, and support for the visually impaired at all levels. For more information, call (626) 335-3937.

Date	Age	Day	Time
Ongoing	18+	2nd Wed	1:00pm-3:30pm

## JOURNEY THROUGH GRIEF

We offer a safe environment where everyone can share their experience, learn about the grief process, and gain strength for the journey. We are happy, loving people who just so happen to be mourning. Ongoing group. Join anytime! Visit the website <https://lafetragrief.weebly.com/> to learn more.

Date	Age	Day	Time
Ongoing	18+	Mon	10:00am-11:30am

## PING PONG

Do you enjoy playing Ping Pong? Why not join friends or meet new ones! This casual group of adults meets to play together and improve their game. Ongoing group. Join anytime! Adults only please. The National Table Tennis Association guidelines are followed. Basic knowledge of table tennis is required.

Fee: \$9 Insurance Fee (Yearly Fee)

Date	Age	Day	Time	Fee
Ongoing	18+	M&TH	1:00pm-3:00pm	\$9

## MENDED HEARTS OF THE SAN GABRIEL VALLEY

Mended Hearts is the largest cardiovascular peer-to-peer support network in the world. Meetings provide patients and caregivers the opportunity to share and learn together.

Date	Age	Day	Time	Fee
Ongoing	18+	2nd Tue	12:30pm-3:00pm	FREE

## M-W-F GAMERS

Come over for a friendly tile, board, or card game. Some of the games look deceptively simple, but they can involve strategy that makes the time pass faster than you expect!

Date	Age	Day	Time
Ongoing	18+	M,W&F	12:30pm-3:30pm

## OPEN POOL PLAY

Join us as we enjoy playing pool. All skill levels welcome. The upstairs pool room will be RESERVED on TUESDAYS and FRIDAYS from 8:00am-12:00pm for Intermediate/Advanced pool players.

Date	Age	Day	Time
Ongoing	18+	Mon-Fri	8:00am-5:00pm

## PARTY BRIDGE

Play bridge to keep your mind active. Ongoing group. Join anytime!

Date	Age	Day	Time
Ongoing	18+	Thu	8:30am-12:00pm

## ACBL SANCTIONED BRIDGE TOURNAMENTS

Players join together for friendly ACBL sanctioned tournaments.

Date	Age	Day	Time
Ongoing	18+	T&F	8:45am-12:30pm

## BEADING BUDDIES

This ongoing group meets to share ideas, aid each other in learning new projects and techniques, and just work together on individual projects. New participants and those who may want to learn are welcome!

Date	Age	Day	Time
Ongoing	18+	Tue	12:30pm-3:30pm

## POOL TOURNAMENT

Come and meet new friends at a friendly pool competition for men and women of all skill levels.

Date	Age	Day	Time	Fee
Ongoing	18+	3rd Fri	8:00am-12:00pm	\$2

## PINOCHLE

New participants and those who may want to learn are welcome. Ongoing group. Join anytime!

Date	Age	Day	Time
Ongoing	18+	T&F	12:30pm-4:00pm

## BUNCO

All are welcome to play a fun game of Bunco!

Date	Age	Day	Time
Ongoing	18+	1st, 3rd & 5th Wed	1:00pm-3:30pm

## PATCH, PIN & PURL

Needle workers join together to work on individual projects in a social setting. Ongoing group—no sign-ups are required.

Date	Age	Day	Time
Ongoing	18+	Wed	9:00am-12:00pm

## CANASTA

Join fellow card players for a fun game of Canasta! Ongoing group. Join any time!

Date	Age	Day	Time
Ongoing	18+	M&TH	12:30pm-4:30pm

## GLENDORA NEIGHBORHOOD GROUP OF THE AMERICAN SEWING GUILD

If you love to sew and wonder how you can use your skills to help others, join this group! Come together for a show and tell, and gather sewing projects to donate to those in need. Any level of sewing experience is welcome. A fun morning of fellowship that benefits others!

Date	Age	Day	Time
Ongoing	18+	1st Tue	9:30am-11:00am

## BOOK DISCUSSION GROUP

Join friends who share the love of reading. This casual group will meet to discuss a wide genre of novels, from thought provoking to suspense and humor. All group members will have the opportunity to select books to read and discuss. No sign-ups are required. For book selection please reference the La Fetra Times.

Date	Age	Day	Time
Ongoing	18+	1st Thu	10:00am-11:00am

## CURRENT EVENTS DISCUSSION GROUP

Current Events is a group discussion about local, county, state, federal, and international events that are current, relative, and of interest to our community. Ongoing group and always accepting new participants!

Date	Age	Day	Time
Ongoing	18+	Thu	1:00pm-3:00pm

## BINGO

Doors open at 12:30pm. Cost is \$5 for the first game and \$3 for each additional pack. Special games and the exciting Powerball Jackpot are available for \$1 each.

Date	Age	Day	Time	Fee
Ongoing	18+	Fri	1:30pm-3:30pm	\$5*

## INTERNATIONAL COMMUNITY CLUB

We live in a world that is getting closer through advanced technology and dynamic movement. It is essential to be aware of the changes so that we can be better prepared for the future. The International Community Club's mission is to enhance our world view and broaden the horizon of perception by sharing member's knowledge, opinions, and experiences.

Date	Age	Day	Time	Fee
Ongoing	18+	Wed	1:30pm-3:30pm	FREE

## GLENDORA AFTER STROKE CENTER

A non-fee program for stroke survivors and their families. This supportive program offers relearning (reading, writing, and speech), caregiver support, current events, card games, snacks, resocialization, exercise, music, speakers, day field trips, and stroke support.

Date	Age	Day	Time	Fee
Ongoing	18+	Wed	9:00am-12:00pm	FREE

## AMERICAN HISTORY DISCUSSION GROUP

Do you enjoy a good learning dialogue of events and trends in American History? If you do, and you love reading about it, this discussion group is for you! We will have some assigned reading from selected books or articles for our weekly meetings.

Date	Age	Day	Time	Fee
Ongoing	18+	Thu	10:00am-11:30am	FREE

## GLENDORA GENEALOGICAL GROUP

This group is about the search for history and stories about our family ancestors and descendants. Refresher class at 6:00pm, business meeting at 7:00pm, and guest speaker at 7:30pm.

Date	Age	Day	Time
Ongoing	18+	4th Tue	6:00pm-9:00pm

## SHARING MEMORIES

This group shares memories, either written or oral, about its members life experiences. Various topics will be suggested to share. Tell your story in your words.

Date	Age	Day	Time
Ongoing	18+	Tue	9:30am-11:00am